

Vulnerability Solidarity: A Campaign for Community, Unity, Depth, and Growth

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We are all vulnerable. Our common humanity rests on our vulnerability and the reality that we all suffer. We all require safety: physical and emotional. Most of us work towards the belonging, understanding, and being understood that are the surest paths to safety and well-being.

The political and social forces of domination and subordination are on the rise, because we live in a stressful time of change. When people are overwhelmed, they can resort to wielding power over others in order to feel safe and strong. They can become fearful and reactive. Some leaders gain power by scapegoating others as threats. They use fear of others and fear of change to manipulate others into following them down a pathway of callousness and cruelty, and away from compassion and kindness.

What would it mean to be in solidarity with vulnerability?

It would mean being close to our own humanity and vulnerability, and that of others, and gaining strength from being close.

It would mean being able to hear our own suffering, compassionately.

It would mean bearing witness to the suffering of others, compassionately.

It would mean being truly present with what is.

It would mean coming home, to ourselves, and to each other.

It would mean creating an island of belonging and strength on the bedrock of what it means to be human, an island that could become a continent and a world.

Vulnerability Solidarity is a focus on what can't be denied, yet is routinely denied by so many.

Vulnerability Solidarity affirms what must be affirmed.

Vulnerability Solidarity gives voice to what is so often silenced.

Vulnerability Solidarity is an antidote to those who think that strength comes from competition, antagonism, denial and dismissal, rather than collaboration, listening and inclusion.

Vulnerability Solidarity turns shame of difference into acceptance, pride, and celebration.

Vulnerability Solidarity is a path to freedom and liberation, for ourselves and others.

Vulnerability Solidarity is the path to our humanity.

Vulnerability Solidarity. It's the future. It's survival.

Vulnerability Solidarity. Now and forever.